

MAGDA INSTITUTE WOMEN'S SELF DEFENSE RIP SEMINAR

JULY 21, 2024 @ MAGDA INSTITUTE

READINESS
INSIGHT
PREPAREDNESS

PREMIUM SELF-DEFENSE
TRAINING FOR WOMEN
OF ALL LEVELS.
NO EXPERIENCE NECESSARY.
ALL AGES WELCOME.

Featuring: MIWSD Director / Instructor
ELEANOR ACADEMIA-MAGDA

Direct Bruce Lee Lineage
JKD Philosophy/Training

MAGDA INSTITUTE
World Class Martial Arts

Instruction & Training

- Preventing and escaping grabs and holds.
- Situational environmental awareness techniques.
- Verbal self-defense.
- Improvised weapons.

LIMITED SPACE.

This event will be sold out.

Register Early

Date: July 21, 2024

Time: 8:30 am - Welcome / Check-in
9:00 am - 2:00 pm - Training

OPEN TO THE PUBLIC

Join Now!

General Admission: **\$125**

MI Members: **\$95**

Scan code to pay online or call to reserve spot.



SAVE YOUR SPOT



Magda Institute

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**No spectators. Photos and video or
audio recording is prohibited.**

VISA

