



READINESS · INSIGHT PREPAREDNESS

Premium Self-Defense
Training for WOMEN
OF ALL LEVELS.

Featuring:
MIWSD Director /
Instructor

ELEANOR
ACADEMIA-MAGDA

Direct Bruce Lee Lineage
JKD Philosophy/Training

MAGDA INSTITUTE
World Class Martial Arts

Instruction & Training
Bruce Lee's JKD • Filipino Kali • Muay Thai
Buka Jalan Silat • MI Boxing • MI Grappling

Original Training Protocols and Participation

**OPEN TO
THE PUBLIC**

LIMITED SPACE.
THIS EVENT WILL BE
SOLD OUT.
Register Early

MAGDA INSTITUTE
WOMENS SELF DEFENSE

RIP SEMINAR

RESCHEDULED

NEW DATE

SEPTEMBER 17, 2023
AT THE MAGDA INSTITUTE

SAVE YOUR SPOT



September 17, 2023, Sunday
8:30 am - Welcome / Check-in
9:00 am - 2:00 pm - Training

Register Now

General Admission: \$125
MI Members: \$95

Call or scan code to register.

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**No spectators. Photos and video or audio
recording is prohibited.**

