

MAGDA INSTITUTE WOMEN'S SELF DEFENSE RIP SEMINAR



AUGUST 17, 2025
MAGDA INSTITUTE

READINESS • INSIGHT
PREPAREDNESS

PREMIUM SELF-DEFENSE TRAINING FOR WOMEN OF ALL LEVELS.

NO EXPERIENCE NECESSARY. ALL AGES WELCOME.

Featuring: MIWSD Director / Instructor
ELEANOR ACADEMIA-MAGDA

Direct Bruce Lee Lineage
JKD Philosophy/Training

MAGDA INSTITUTE
World Class Martial Arts

Instruction & Training

Bruce Lee's JKD • Filipino Kali • Muay Thai
Buka Jalan Silat • MI Boxing • MI Grappling

Original Training Protocols and Participation

- Preventing and escaping grabs and holds.
- Situational environmental awareness techniques.
- Verbal self-defense.
- Improvised weapons.

LIMITED SPACE.

This event will be sold out.

Register Early

Date: August 17, 2025

Time: 8:30 am - Welcome / Check-in
9:00 am - 2:00 pm - Training

SAVE YOUR SPOT



Magda Institute

7255 Canby Ave, Reseda CA 91335
(818) 342-2455 · www.MIJKD.com

Email: Magdainst@aol.com

**No spectators. Photos and video or audio
recording is prohibited.**



OPEN TO THE PUBLIC

Join Now!

General Admission: **\$125**

MI Members: **\$95**

Scan code to pay online or call to reserve spot.

