

MAGDA INSTITUTE WOMEN'S SELF DEFENSE

RIP SEMINAR

JANUARY 18, 2026
@ Magda Institute

READINESS INSIGHT PREPAREDNESS

Premium Self-Defense Training for
WOMEN OF ALL LEVELS.

No Experience necessary.
All ages Welcome.

- Preventing and escaping grabs and holds.
- Situational environmental awareness techniques.
- Verbal self-defense.
- Improvised weapons.

MAGDA INSTITUTE

World Class Martial Arts
Instruction & Training
Bruce Lee's JKD,
Filipino Kali,
Muay Thai,
Buka Jalan Silat,
MI Boxing,
MI Grappling.

Original Training
Protocols and
Participation



Featuring:
MIWSD Director/
Instructor

**ELEANOR
ACADEMIA-MAGDA**

Direct Bruce Lee
Lineage
JKD Philosophy/
Training

Date: January 18, 2026
Time: 8:30 am - Welcome / Check-in
9:00 am - 2:00 pm - Training

SAVE YOUR SPOT



Magda Institute

7255 Canby Ave, Reseda CA 91335
(818) 342-2455 • www.MIJKD.com
Email: Magdainsteaol.com
No spectators. Photos and
video or audio recording is
prohibited.

Join Now!

General Admission: \$125

MI Members: \$95

Scan code to pay online or call to reserve spot.

**OPEN TO THE PUBLIC
LIMITED SPACE.**

This event will be
sold out. Register Early.

